

**Priest in charge**  
**Revd Anne White**  
**01964 527230**

**Churchwardens**  
**St Bartholomew, Aldbrough**  
Mrs C. Longstaff (527190)  
Mrs K. Moore (527552)  
**All Saints Mappleton & St Giles Goxhill**  
Mr B. Rhodes (533954)  
Mrs R. Skinner (534580)  
**St Alban's Witherwick**  
Capt. D. Smith (527419)  
Mrs Anne Wood (527947)  
**Recognised Parish Assistant**  
Mrs Antoinette Butlin 527438

**Benefice Website**

<https://aldbroughbenefice.wordpress.com>

See your Parish Church on the web ;  
A Church near you: [www.acny.org.uk](http://www.acny.org.uk)  
& Diocesan website: [www.dioceseofyork.org.uk](http://www.dioceseofyork.org.uk)

Why not try the Aldbrough & Witherwick  
Village websites ;  
[www.witherwickvillage.co.uk](http://www.witherwickvillage.co.uk)  
[www.aldbroughparishcouncil.co.uk](http://www.aldbroughparishcouncil.co.uk)

Editor P. Soltys [soltysdog@madasafish.com](mailto:soltysdog@madasafish.com)  
Items for next Parish News to Paul by 20<sup>th</sup> February please

**The Parishes of Aldbrough  
Mappleton & Goxhill with Great  
Hatfield & Witherwick**



February 2017

**God's love  
and faithfulness will last for  
ever. Psalm 100:5 You are good to us,  
Lord, and your love never fails. Psalm  
106:1 Love is always supportive, loyal,  
hopeful and trusting. 1 Corinthians 13:7  
Love comes from God, and when we love  
each other it shows that we have been  
given new life. 1 John 4:7 God showed  
His love for us when He sent His  
only son into the world to give us  
life. 1 John 4:9 1 Corinthians  
13:13 For now there are  
faith, hope and love,  
but the greatest  
of these is  
love.**

*From The Vicar February 2017*

Love is in the air – or so the words of a 1970's disco song go! Love is one of those words that it is almost impossible to define, for example we finish letters with the word love; we say we love someone or something. And yet what does it really mean? Love is often about the way we behave and the scriptures have plenty to say on that subject as our front cover shows us.

Valentines' Day reminds us of the importance of expressing our love to those close to us. But how can we go beyond simply flowers and a card? Jesus says: 'A new command I give you: Love one another. How can we express love in our everyday relationships like Jesus did?

Perhaps first we need to listen to others, just as Jesus did. He asked questions of people and waited for them to process their answer. Listening takes time; you can't rush it! Secondly the importance of touch cannot be ignored. Jesus reached out to touch the untouchables in his world, including lepers, the sick and children. One survey has suggested that we all need at least 8-10 meaningful touches a day to maintain emotional health! A warm handshake, touch on the arm or hug can be of real value. Finally Jesus' conversation was always full of grace and truth. Do we speak words of grace, by offering comfort, giving encouragement or expressing care and concern? However, we should also be ready to speak words of truth, in asking for forgiveness, seeking reconciliation or addressing conflict.

This month begins with the feast of Candlemas – known as the Presentation of Christ in the Temple. It is a reminder that Jewish families would present their baby boys' to the Lord in the Temple. Mary and Joseph following that tradition took the young Jesus. Jesus is described in the New Testament as the Light of the World (Luke 2.22-40).

God came to us as a human being to share in all our joys and our sorrows. He came to give us the greatest gift of all – love.

*With every blessing  
Revd Anne*

## **Food Bank**

***Please remember the Food Bank. Your donations are needed and distributed to people in crisis throughout Holderness,***

***The Food Bank is a short term measure for People who find themselves in the dilemma of "no money" due to the main source of income been taken away suddenly and unexpectedly e.g Death or Accident or not qualifying for state help and having no family members to help out.***

***The food bank is there to provide food for the short term until the person is back on track. Food from the bank can only be issued to people in receipt of vouchers from Doctors, Health Visitors.***

***A collection point for your donation is provided at St Bartholomew's Church. All donations are taken to the distribution centre at Hornsea Parish Office.***

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About birds of prey, the one I like, is the fastest, of course it is the peregrine falcon & it can reach the speed, when hunting, of 200 miles per hour. It likes to get some height, then into a dive for its meal. It hits with some force, so its dead does not suffer at all, pigeons & rabbits when in good supply, and they often pair up for life. The male will pass bits of food in its talons to the female. They make a nest, a few sticks, or a nest on a cliff edge & the eggs are laid at two days intervals & they end up with 3 or 4. For about a month the female stays with the nest, the male does all the hunting at this time, as the chicks need to warm and after 5 weeks the baby down is gone and juvenile feathers are well grown, and their first flight is at about 6 weeks, but they will stay close to their nests and in 2 months will start hunting for themselves and move away from the nest to find new hunting grounds, not too far away.

God bless Revd. Anne

and all who read this

Regards

John

## Methodist Church

Feb 4th ---Coffee Morning at 10-00--11-30 am

5th ---Service at 10-45 am Preacher - Mrs H Adamson.

7th ---Bible Study --2-00pm

8th ---Craft Club at -1-30 pm

12th-- Service at 10-45am -Preacher -Mr John Stephenson

14th-- Network at 2-15pm -Speaker --Rev Colin Marchment

15th --Craft Club - at 1-30pm

19th --Service --at 10-45 am Led by Worship Leaders.

21st- Bible Study at 2-00pm.

22nd- Craft Club at 1-30pm.

26th- Service at 10-45am Preacher -- Mr D Houlton.

28th- Network at 2-15pm Speaker - Mrs Margaret Preece.

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### Aldbrough WI.

We met on Monday evening in the Methodist Chapel Schoolroom and following the business part of the evening, when the annual subscriptions were paid and money taken for the forthcoming meal at the George and Dragon Aldbrough, the members enjoyed a pie and pea supper. This was served by members of the 2017 committee.

Ms Dunn, President, presented garden vouchers to Mrs I'Anson, following her recent retirement from the committee after many years service and Mr & Mrs T Moore, for their kind use of their premises for the Community event held on December 3rd. We are very grateful to you all.

A quiz followed, with questions read by Mrs Lynne Wright. The winning team was Mrs, Armstrong, Moore, I'Anson and Wright.

The next meeting will be on Monday 7th February when the speaker will be Mrs Middleton, who has a collection of match box covers.

Angela Dunn

## 2017 DATES FOR YOUR DIARIES

DATE	EVENT	WHERE
February 1st	Deanery Synod – open meeting	Leven
March 4th	Christian Aid Breakfast	Aldbrough Methodist
March 7th	Lent Course with Bishop Alison	Skirlaugh Church
March 11th	Coffee Morning (Mappleton and Goxhill)	Hornsea Parish Rooms
May 12th	Service with Bishop Alison	St Helens Well
June 4th	Confirmation	Aldbrough
June 30th	Deanery Service	Wassand Hall
23rd -25th February 2018	Parish Weekend	Wydale

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On 6th February we celebrate the Queen's Accession to the Throne 65 years ago this prayer/poem has been written for this occasion:

### A Milestone in our History

From 6th February 1952  
For threescore years and five,  
Our Queen has ruled this land of ours  
With love, devotion and grace besides.

Her coronation the following year,  
With the Oath and the oil of consecration,  
As St. Edward's crown was placed on her head  
Our Queen was anointed to rule this nation

Tudor Elizabeth, Victoria too  
Great queens that ruled this island race,  
But as the longest reigning monarch  
It's Elizabeth II that takes this place.

Loved and revered throughout the world,  
Fulfilling her duties with visits of state,  
Wherever she travels her poise and her presence  
Has served to make Great Britain – great.

*By Megan Carter*

As Hull has become City of Culture for 2017, so the churches of Hull have responded with an initiative of their own. 'Believe in Hull' is a team made up of different churches who will work together this year to contribute to the city as it plays its role of City of Culture 2017.

The churches explain it this way: "Communities of Culture is an ecumenical project to share our God-given creativity with each other, in our communities, during Hull's 2017 City of Culture year.

"Churches are the only places that can truly help their communities to engage with 2017. Collectively we have passion, buildings and resources in every community in the city, so we are ideally placed to help develop and create new Communities of Culture.

"Culture isn't just for people who go the Ferens gallery or the Guildhall. We want all churches to bring out the culture of their communities and celebrate what's wonderful about them. Helping people flourish where they are living is exactly what churches are all about. Jesus says about Himself in John's Gospel, 'I came that they may have life, and have it abundantly'. In Hull in 2017, we have a unique opportunity to help people engage in an abundant life. Let's get started."  
<http://www.believeinhull.org.uk/>

The Believe in Hull enabling groups is chaired by the Rt Revd Alison White, Bishop of Hull and includes representatives from many different denominations and traditions.

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### **Breathe deep**

Now here's a trick that you probably haven't tried before: next time you forget something, try taking some deep breaths.

It seems that inhaling stimulates our brain, creating electrical activity where emotions, memory and smells are processed. In a recent American study, individuals were able to identify a face two seconds more quickly if they were *breathing in through the nose, rather than breathing out.*

The study was carried out at Northwestern University in Chicago, and may also explain why we breathe rapidly when afraid. "If you are in a panic state, you spend proportionally more time inhaling. .... Faster breathing could have a positive impact on brain function and result in faster response times."

## **Services in the Benefice for February 2017**

E.  
10.00am Holy Communion followed by Coffee: Aldbrough

**Sunday February 5th: 4 before Lent**  
10.30 am Parish Communion: Aldbrough

**Sunday February 12th: 3 before Lent**  
10.30 am Parish Communion: Mappleton

HEALING COMMUNION:  
\*\* sorry, no healing service this month \*\*

**Sunday February 19th: 2 before Lent**  
10.30 am Parish Communion: Withernwick

**Sunday February 26th: Sunday before Lent**  
9.00am Holy Communion: Mappleton  
10.30am Parish Communion: Withernwick  
4.30pm Evensong: Aldbrough

WEDNESDAY MARCH 1st: ASH WEDNESDAY  
10.00 Holy Communion: Aldbrough  
7.30pm Holy Communion: Withernwick

**Sunday March 5th: Lent 1**  
10.30 Parish Communion: Aldbrough

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**THIS NEWSLETTER** is very generously produced and delivered voluntarily. Nonetheless there are costs involved and so financial donations would be extremely grateful (even if you receive it via email!). Please would you consider giving your donation either to your distributor or to one of the churchwardens listed on the back? Thank you.

*Items of general interest would also be gratefully received from time to time!*